

# BALLAST

## KITCHEN & BAR

BRUNCH

### Toasts

**Spicy Avocado Toast** – whole grain, lemon peppered greens, smashed avocado, toasted seeds, fresnos, cotija, Sriracha (V) - \$10 (fried egg +3)

**Mediterranean Toast** – whole grain, whipped feta, basil, marinated tomatoes, EVOO, (V) - \$10 (fried egg +3)

### Meals

**Crunchy French Toast** – vanilla, cinnamon, frosted flakes coating, VT maple syrup - \$14

**Lemon Ricotta Pancakes** – confectionary sugar, blueberry compote - \$12.5

**Corned Beef Hash** – peppers, onions, potatoes & 2 poached eggs - \$16.5

**Ballast Breakfast Sandwich** – fluffy egg, North Country bacon, Grafton 2-year cheddar on Portuguese bun, breakfast potatoes - \$14

**Steak & Eggs** – Prime skirt steak & eggs your way, breakfast potatoes - \$23

**3 Egg Omelette** – wood roasted mushrooms, Boursin, chives, roasted tomato, breakfast potatoes - \$13.5

**3 Egg Western Omelette** – ham, peppers, onions, cheddar, breakfast potatoes - \$13.5

**Brunch Burrito** – eggs, salsa verde, black beans, roasted corn, whipped avocado, cheddar - \$12.5

**Chilled Noodles** – lo mein noodles, miso dressing, edamame, vegetables, crunchy greens, onions, toasted peanuts (V) – \$13 (chix +5, fried egg +3)

**Harvest Grain Bowl** – warmed brown rice, quinoa, farro, roasted vegetables, pickled onions, fresnos, avocado, toasted seeds, cilantro pepita dressing (GF avail, V) \$15 (grilled chix +5, fried egg +3, crispy chix +6.5)

**Farro Salad** - cauliflower, farro, avocado, sweet peppers, peas, Parmesan Reggiano (V) - \$14 (grilled chix +5, fried egg +3, crispy chix +6.5)

**Cheese Pizza** -rectangular cut with laced edges (V) - \$12.50 (add pepperoni +1.50)

**Crispy Chicken Sandwich** - w/ crunchy slaw & pickles on brioche roll - \$16.5

**New York Reuben** - corned beef, Swiss, sauerkraut, rye, Russian dressing - \$15

**Chicken Avocado Sandwich** – North Country bacon, avocado spread, Monterey Jack & cheddar, fresno lime aioli, ciabatta \$16.5

**Ballast Burger** - Grafton Village 2-year cheddar, North Country bacon, aioli, brioche roll - \$18

### Extra Sides

**North Country Bacon** (GF) \$4

**Breakfast Potatoes** \$4

**Roasted Veggies** (GF) \$5

**House Fries** \$5

**Sweet Potato Fries** \$6

**Fresh Fruit** \$5

(GF = Gluten Free, GF avail = kitchen can modify for GF, V = Vegetarian)

### Hot & Iced Beverages

Coffee (Colombia) – \$3/ lg \$4  
Decaf Coffee - \$3/ lg \$4  
Cappuccino - \$5 Espresso - \$4  
Caffe Latte - \$4.5 Mocha Latte - \$5.5  
Spiced Chai Latte – w/ milk - \$5  
Matcha Latte – w/ almond milk - \$5.5  
Iced Coffee - \$4 Iced Latte - \$5.5  
Brown Sugar Oat Milk Iced Latte - \$5.5  
Iced Chai Latte – w/ milk - \$5  
Iced Matcha Latte – w/ almond milk - \$5.5  
Syrups (+.25) – vanilla, caramel, brown sugar  
Milks – whole milk, oat (+.25), almond (+.25)

### Wine List

Rosé, **Studio by Miraval** (France) - \$12  
Vinho Verde, **Casal Garcia** (Portugal) - \$9  
Chardonnay, **Sonoma-Cutrer** (Sonoma, CA) - \$14  
Pinot Grigio, **Santa Margherita** (Italy)- \$14  
Prosecco, **La Marca** (Italy) - \$11  
Sauvignon Blanc, **Kim Crawford**  
(New Zealand) - \$13  
Cabernet Sauvignon, **Smith & Hook** (Central  
Coast, CA) \$14  
Pinot Noir, **MacMurray** (Russian River, CA) - \$13  
Cabernet Sauvignon, **Hess Select** (North Coast,  
CA) - \$12

### Specialty Drinks

**Pop's Old Fashioned** - bourbon, Angostura  
bitters, brown sugar simple syrup- \$14  
**Mimi-tini** – pear vodka, elderflower, fresh  
squeezed lemon juice, simple syrup- \$15  
**Blackberry Moscow Mule** – vodka, blackberry  
liqueur, ginger beer- \$13  
**Spicy Margarita** – Casamigos, triple sec, fresh  
lime juice, spicy margarita mix- \$13  
**Espresso Martini** – vanilla vodka, espresso  
liqueur, Baileys, Kahlua - \$15  
**Blizzard of '78** - tequila, orange liqueur, crème  
of coconut, coconut milk, lime - \$13.5  
**Batched Sangria**- pinot noir, brandy, maple,  
macerated cinnamon and apple - \$13.5  
**Siberian Sunset** -vodka, blue curaçao, lemonade,  
sparkle - \$13.5  
**Winter White Cosmo** - citrus vodka, Cointreau,  
white cranberry, lime - \$15  
**Italian Santa** - coconut whiskey, Luxardo  
maraschino, maple, black walnut bitters - \$14  
**Sugar Cookie Martini** - vanilla vodka, Amaretto,  
Baileys, frosted rim - \$15  
**Snow Day Spritz** - Aperol, Prosecco, white  
cranberry, pomegranate, lime, soda - \$12  
**Jingle Juice (mocktail)** - orange, pineapple,  
cranberry, pomegranate, ginger ale - \$8

### Bottles / Cans

Bud Light - \$6.5	Budweiser - \$6.5
Corona - \$7	Corona Light- \$7
Guinness - \$7.5	Magners - \$7
Mich Ultra - \$7	Sam Adams - \$7.5
Sam Seasonal - \$7.5	Stella Artois - \$7.5
Miller Lite - \$6.5	Coors Light - \$7
Mast Landing- A Beer Named Duck - \$8	
Carlson Orchards - Oak Hill Cider - \$8	
Athletic Brewing - Run Wild (N/A) - \$7	
Guinness “00” (N/A) - \$7.5	
Heineken “00” (N/A) - \$7.5	
Surfside Iced Tea - \$8	
High Noon (Pineapple & Watermelon) - \$8	

### Draft Beer

Kona Big Wave (4.4 ABV) - \$8  
Modelo Especial (4.4 ABV) - \$8  
Widowmaker, Blue Comet (7.1 ABV) - \$10  
Maine Beer Company, Lunch (7.0 ABV) - \$10

## **Hot Coffees / Beverages**

**Coffee** (Colombia) - \$3

**Large Coffee** (Colombia) - \$4

**Decaf Coffee** - \$3

**Large Decaf Coffee** - \$4

**Cappuccino** - \$5

**Caffe Latte** - \$4.5

**Espresso** - \$4

**Mocha Latte** - \$5.5

**Spiced Chai Latte** – w/ steamed milk - \$5

**Matcha Latte** – w/ steamed almond milk - \$5.5

## **Iced Coffees / Beverages**

**Iced Latte** - \$5.5

**Iced Coffee** - \$4

**Brown Sugar Oat Milk Iced Latte** - \$5.5

**Iced Chai Latte** – w/ milk - \$5

**Iced Matcha Latte** – w/ almond milk - \$5.5

**Iced Refresher** – lemonade, sparkling blood orange, fresh mint - \$5.50

**Syrups** (+.25) – vanilla, caramel, brown sugar

**Milks** – whole milk, oat (+.25), almond (+.25)

## **Brunch Cocktails**

**Boozy Iced Coffee**

Stoli Vanilla, Baileys, Frangelico, fresh brewed coffee - \$13

**Smoky Bloody Mary**

Tito's, smoked jalapeno liqueur, bloody mix, bacon - \$13

**Adult PB Iced Coffee**

Screwball whiskey, crème de cocoa, fresh  
brewed coffee, whipped cream - \$13

**Clementine Cranberry Mimosa**

Prosecco, clementine liqueur, fresh orange & cranberry juices - \$11