

# BALLAST

KITCHEN & BAR

BRUNCH

## Starters

**Greek Yogurt, Seasonal Berries & Granola** - \$7

**Overnight Oat Bowl** – peanut butter, banana, blueberry, toasted coconut - \$11

## Toasts

**Spicy Avocado Toast** – whole grain, lemon peppered greens, smashed avocado, toasted seeds, fresnos, cotija, Sriracha (V) - \$10 (fried egg +3)

**Mediterranean Toast** – whole grain, whipped feta, basil, marinated tomatoes, EVOO, (V) - \$10 (fried egg +3)

## Meals

**Crunchy French Toast** – vanilla, cinnamon, frosted flakes coating, VT maple syrup - \$14

**Lemon Ricotta Pancakes** – confectionary sugar, blueberry compote - \$12.5

**Corned Beef Hash** – peppers, onions, potatoes & 2 poached eggs - \$16.5

**Potato Bake** – Virginia ham, gruyere cheese - \$10 (add chicken & gravy +\$6, fried egg +\$3)

**Ballast Breakfast Sandwich** – fluffy egg, North Country bacon, Grafton 2-year cheddar on Portuguese bun, breakfast potatoes - \$14

**3 Egg Omelette** – wood roasted mushrooms, Boursin, chives, roasted tomato, breakfast potatoes - \$13.5

**Brunch Burrito** – eggs, salsa verde, black beans, roasted corn, whipped avocado, cheddar - \$12.5

**Chilled Noodles** – lo mein noodles, miso dressing, edamame, vegetables, crunchy greens, onions, toasted peanuts (V) – Large \$13, Small \$9 (chix +5, fried egg +3)

**Harvest Grain Bowl** – warmed brown rice, quinoa, farro, roasted vegetables, pickled onions, avocado, toasted seeds, cilantro pepita dressing (GF avail, V) \$15 (grilled chix +5, fried egg +3, crispy chix +6.5)

**Crispy Chicken Sandwich** - w/ crunchy slaw & pickles on brioche roll - \$16.5

**Ballast Burger** - Grafton Village 2-year cheddar, North Country bacon, aioli, brioche roll - \$18

**Chowder House Schrod** – broiled over corn chowder - \$26

## Extra Sides

**North Country Bacon** (GF) \$4

**Breakfast Potatoes** \$4

**Roasted Veggies** (GF) \$5

**House Fries** \$5

**Sweet Potato Fries** \$6

(GF = Gluten Free, GF avail = kitchen can modify for GF, V = Vegetarian)

## Specialty Cocktails

- Pop's Old Fashioned** - Bulleit bourbon, bitters, brown sugar simple syrup- \$14
- Mimi-tini** – Grey Goose pear, St. Germaine, fresh squeezed lemon juice, simple syrup- \$15
- Blackberry Moscow Mule** – Titos, blackberry liqueur, ginger beer- \$13
- Spicy Margarita** – Casamigos tequila, triple sec, fresh lime juice, agave, spicy margarita mix- \$13
- Espresso Martini** – Stoli vanilla vodka, espresso liqueur, Bailey's, Kahlua - \$15
- The Maverick Martini** - Stoli Vanil vodka, passion fruit liqueur, lime juice, simple syrup, prosecco - \$15
- Cuban Paul McCartney** - Bacardi, muddled strawberries, hibiscus simple syrup, mint, soda - \$13
- Lowrider Margarita** – Don Julio blanco, triple sec, lavender simple syrup, agave, house margarita mix - \$13
- The Retox** - Hendricks, elderflower liqueur, fresh muddled cucumbers, soda water - \$13
- Life's A Peach, Then You Die** - Bulleit, fresh muddled peaches, agave, iced tea - \$14
- LunaMelon** - Rosaluna mezcal, watermelon juice, lime juice, agave - \$14
- Batched Sangria** – Rosé, peach schnapps, coconut rum, fresh fruit- \$12
- Seasonal Mocktail** – muddled strawberries, hibiscus lemonade - \$9

## Wine List

- Casal Garcia** Vinho Verde (Portugal) - \$9
- Bonterra Organic** Sauvignon Blanc (California) - \$12
- Sonoma-Cutrer** Chardonnay (Sonoma, CA) - \$14
- Torresella** Blush Rose Prosecco (Northeast Italy) - \$10
- Kim Crawford** Sauvignon Blanc (Marlborough, New Zealand) - \$13
- Smith & Hook** Cabernet Sauvignon (Central Coast, CA) - \$14
- Hess Select** Cabernet Sauvignon (North Coast, CA) - \$12
- MacMurray** Pinot Noir (Russian River Valley, CA) - \$13

## Bottle & Can Beer

- |  |   |                                     |
|--|---|-------------------------------------|
| <b>Bud Light</b> - \$6.5                                   | <b>Corona</b> - \$7                                   | <b>Corona Light</b> - \$7           |
| <b>Modelo</b> - \$7  | <b>Mich Ultra</b> - \$7                               | <b>Sam Adams</b> - \$7.5            |
| <b>Stella Artois</b> - \$7.5                               | <b>Miller Lite</b> - \$6.5                            | <b>Coors Light</b> - \$7            |
| <b>Guinness</b> - \$7.5                                    | <b>Heineken Zero (N/A)</b> - \$7                      | <b>Carlson Orchards Cider</b> - \$8 |
| <b>Athletic Brewing Run Wild (N/A)</b> - \$7               | <b>Urban Artifact Gadget (Mixed Berry Tart)</b> - \$8 |                                     |
| <b>Mast Landing- A Beer Named Duck (NE Pale Ale)</b> - \$8 |   |                                     |
| <b>Viva Seltzer (Huckleberry &amp; Elderberry)</b> - \$7   | <b>High Noon (Pineapple &amp; Watermelon)</b> - \$8   |                                     |

## Draft Beer

- |   |   |
|---|---|
| <b>Bud Light (4.2 ABV)</b> - \$7                    | <b>Modelo Especial, (4.4 ABV)</b> - \$8 |
| <b>Widow Maker, Blue Comet IPA (7.1 ABV)</b> - \$10 | <b>Blue Moon (5.4 ABV)</b> - \$7        |

## **Hot Coffees / Beverages**

**Coffee** (Colombia) - \$3

**Large Coffee** (Colombia) - \$4

**Decaf Coffee** - \$3

**Large Decaf Coffee** - \$4

**Cappuccino** - \$5

**Caffe Latte** - \$4.5

**Espresso** - \$4

**Mocha Latte** - \$5.5

**Spiced Chai Latte** – w/ steamed milk - \$5

**Matcha Latte** – w/ steamed almond milk - \$5.5

## **Iced Coffees / Beverages**

**Iced Latte** - \$5.5

**Iced Coffee** - \$4

**Brown Sugar Oat Milk Iced Latte** - \$5.5

**Iced Chai Latte** – w/ milk - \$5

**Iced Matcha Latte** – w/ almond milk - \$5.5

**Iced Refresher** – lemonade, sparkling blood orange, fresh mint - \$5.50

**Syrups** (+.25) – vanilla, caramel, brown sugar

**Milks** – whole milk, oat (+.25), almond (+.25)

## **Brunch Cocktails**

### **Fizzy for 4**

Wycliff champagne & juice fixins to make your own - \$36

### **Boozy Iced Coffee**

Stoli vanilla, Baileys, Frangelico, fresh brewed coffee - \$13

### **Smoky Bloody Mary**

Tito's, smoked jalapeno liquor, bloody mix, bacon - \$13

### **Adult PB Iced Coffee**

Screwball whiskey, crème de cocoa, fresh brewed coffee, whipped cream - \$13

### **Donna Mae Martini**

Stoli vanilla, prosecco, Chinola passion fruit, lime juice - \$14

### **Clementine Cranberry Mimosa**

Prosecco, clementine liquor, fresh orange & cranberry juices - \$11

### **Nantucket Martini**

Grey Goose Orange, pineapple, orange & banana juice - \$14