

BALLAST

KITCHEN & BAR

BRUNCH

Greek Yogurt, Seasonal Berries & Granola - \$7

Overnight Oat Bowl – peanut butter, banana, blueberry, toasted coconut - \$11

Avocado Toast – whole grain, lemon peppered greens, smashed avocado, toasted seeds, fresnos, cotija, Sriracha (V) - \$10 (fried egg +3)

Potato Bake – Virginia ham, gruyere cheese - \$10 (add chicken & gravy +\$6, fried egg +\$3)

Lemon Ricotta Pancakes – confectionary sugar, VT maple - \$12.5

Ballast Breakfast Sandwich – fluffy egg, North Country bacon, Grafton 2-year cheddar on Portuguese bun, breakfast potatoes - \$14

3 Egg Omelette – wood roasted mushrooms, Boursin, chives, roasted tomato, breakfast potatoes - \$13.5

Brunch Burrito – eggs, salsa verde, black beans, roasted corn, whipped avocado, cheddar - \$12.5

Corned Beef Hash – peppers, onions, potatoes & 2 poached eggs - \$16.5

Harvest Grain Bowl – warmed, brown rice, quinoa, farro, roasted vegetables, pickled onions, avocado, toasted seeds, cilantro pepita dressing (GF avail, V) – \$15 (chix +5, fried egg +3)

Crispy Chicken Sandwich - w/ crunchy slaw & pickles on brioche roll - \$16.5

Ballast Burger - Grafton Village 2-year cheddar, North Country bacon, aioli, brioche roll - \$18

Chowder House Schrod – broiled over corn chowder - \$26

Extra Sides

North Country Bacon (GF) \$4 / **Breakfast Potatoes** \$4

Roasted Veggies (GF) \$5 / **House Fries** \$5 / **Sweet Potato Fries** \$5

(GF = Gluten Free, GF avail = kitchen can modify for GF, V = Vegetarian)

Coffees

Coffee (Colombia) - \$3

Large Coffee (Colombia) - \$4

Cappuccino - \$5

Caffe Latte - \$4.5

Iced Coffee - \$4

Brown Sugar Oat Milk Iced Latte - \$5.5

Spiced Chai Latte – w/ steamed milk - \$5

Syrups (+.25) – vanilla, caramel, brown sugar

Milks – whole milk, oat milk (+.25), almond milk (+.25)

Decaffeinated Coffee - \$3

Large Decaffeinated Coffee - \$4

Espresso - \$4

Mocha Latte - \$5.5

Iced Latte - \$5.5

Matcha Latte – w/ steamed almond milk - \$5.5

Brunch Cocktails

- Boozy Hazelnut Iced Coffee** – Stoli vanilla, Baileys, Frangelico, fresh brewed coffee - \$13
Smoky Bloody Mary – Tito's, smoked jalapeno fruitful, house bloody mix, bacon - \$13
Clementine Cranberry Mimosa – Prosecco, clementine fruitful, fresh orange & cranberry juices - \$11

Specialty Cocktails

- Lemon Lavender Elixir** – Grey Goose Citron, lavender simple syrup, lemonade- \$14
Pop's Old Fashioned - Bulleit bourbon, black walnut bitters, brown sugar simple syrup- \$14
Mimi-tini – Grey Goose pear, St. Germaine, fresh squeezed lemon juice, simple syrup- \$15
Blackberry Moscow Mule – Titos, blackberry fruitful, ginger beer- \$13
Railway Spike Margarita – Casamigos tequila, triple sec, fresh lime juice, spicy margarita mix- \$13
Espresso Martini – Stoli vanilla vodka, espresso liquor, Bailey's, Kahlua - \$15
Podgie's Punch - Ketel One, Persian lime, pineapple agave, Valencia orange, bitters, fresh milled nutmeg- \$15
Batched Sangria – Rosé, peach schnapps, fresh fruit- \$12
Tiki Mocktail - Persian lime, pineapple agave, Valencia orange, bitters, nutmeg, soda- \$9
Sunset Mocktail - Blood Orange Pellegrino, pineapple juice, ginger beer, fresh mint- \$9

Wine List

- Casal Garcia** Vinho Verde (Portugal) - \$9
Sonoma-Cutrer Chardonnay (Sonoma, CA) - \$14
Torresella Blush Rose Prosecco (Northeast Italy) - \$10
Dr. Konstantin Frank Gruner Veltliner White (Finger Lakes, NY) - \$14
Kim Crawford Sauvignon Blanc (Marlborough, New Zealand) - \$13
Smith & Hook Cabernet Sauvignon (Central Coast, CA) - \$14
Hess Select Cabernet Sauvignon (North Coast, CA) - \$12
MacMurray Pinot Noir (Russian River Valley, CA) - \$13

Bottle / Canned Beer

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|--|---|-------------------------------------|
| Bud Light - \$6.5 | Corona - \$7 | Corona Light - \$7 |
| Modelo - \$7 | Mich Ultra - \$7 | Sam Adams - \$7.5 |
| Stella Artois - \$7.5 | Miller Lite - \$6.5 | Coors Light - \$7 |
| Guinness - \$7.5 | Heineken Zero (N/A) - \$7 | Carlson Orchards Cider - \$8 |
| Athletic Brewing Run Wild (N/A) - \$7 | Urban Artifact Gadget (Mixed Berry Tart) - \$8 | |
| Mast Landing- A Beer Named Duck (NE Pale Ale) - \$8 | | |
| Viva Seltzer (Huckleberry & Elderberry) - \$7 High Noon (Pineapple & Watermelon) - \$8 | | |

Draft Beer

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| Bud Light (4.2 ABV) - \$7 | Break Rock, Peacefield Kolsch (4.4 ABV) - \$10 |
| Widow Maker, Blue Comet IPA (7.1 ABV) - \$10 | Blue Moon (5.4 ABV) - \$7 |