

**PAGES 1 & 2 FISH N CHICKEN SPECIALS**

**PAGE 3 PASTA CAFFE SPECIALS**

**PAGE 4 HEALTHY KITCHEN & CREATION SPECIALS**

**PAGE 1**

## **FISH'N CHICKEN SPECIALS**

**2/1/18 thru Present**

**ALTHOUGH WE ARE NOT A 100% GLUTEN-FREE KITCHEN, THE ITEMS WITH A “GF” SYMBOL ARE MADE WITH GLUTEN FREE INGREDIENTS...ALSO CERTAIN SIDE DISHES ARE GLUTEN FREE**

### **SALADS**

**Greek Salad w/ Grilled Chicken (GF)** - Grilled chicken over romaine lettuce, Kalamata olives, pepperoncinis, red onions, diced tomatoes, feta cheese with Greek dressing - 9.50

**Oriental Chicken Salad** - Grilled sesame chicken, fried wontons, rice sticks, snow peas, mandarin oranges, scallions, slivered almonds on a bed of romaine lettuce w/ honey ginger dressing - 9.50

**Warm Power Bowl Salad (GF)** – Roasted mix of seasoned sweet potatoes, spicy chickpeas, broccolini, red onion and crunchy kale topped with roasted marinated chicken and drizzled with a tahini sauce - 9.75

### **SANDWICHES**

**“Hot Mess” Chicken Sandwich** – Doubled breaded jumbo chicken breast baked crisp with w/ horseradish spread, beer cheese sauce, pickles & honey mustard slaw on a toasted brioche bun - 8.25

**Avocado Chicken Burrito** – Roasted chicken, cheddar cheese, fresh avocado, tomato salsa, black beans, roasted corn, brown rice, romaine, tossed in a lime cilantro dressing rolled in a toasted wrap - 8.50

**FISH'N CHICKEN**

**ENTREES**

**Chicken Pot Pie**– (served all by itself) Flaky shell crust filled with chicken, potatoes, onions, peppers, carrots, peas & mushrooms in browned chicken gravy - 9.25

Entrees below served with any 2 sides

**Swordfish Pomodoro (GF)** - Broiled swordfish topped with a mixture of plum tomatoes, basil, garlic, olive oil, parmesan and mozzarella cheeses -10.50

**BBQ Turkey Tips** – Grilled turkey tips with red and green peppers, onions and BBQ sauce 10.50

**Cajun Scrod (GF)** - Scrod filet breaded with Cajun seasonings & broiled - 9.95

**Sesame Grilled Chicken** - Basted in sesame sauce & sesame seeds, topped w/grilled pineapple - 9.95

**Pot Roast** – A tender beef round roasted in natural juices and served with pan gravy - 9.75

**Bourbon Beef Tips** – Marinated tender beef tips grilled with peppers and onions in a bourbon glaze - 11.50

**Seafood Bake** – Schrod, salmon, shrimp, crabmeat with lemon, wine & topped with homemade Ritz based crumbs - 11.75

**Glazed Salmon** – Broiled filet of salmon brushed w/ sweet Asian sauce, topped w/ toasted sesame seeds, scallions, mandarin oranges & crispy Asian noodles -10.95

**Asiago Pesto Chicken (GF)** – Broiled chicken breasts topped with plum tomatoes, pesto sauce and Asiago cheese -10.25

**KIDS MEAL – Baked Chicken Tenders** w/ 1 side dish - Only 4.99

## PASTA CAFFE SPECIALS

Starting 2/1/18 – present

### SANDWICHES

**Beefsteak Sandwich** – Thin roast beef, caramelized onions, cheddar cheese and horseradish sauce on thick parmesan crusted sourdough bread - 8.75

**Reuben Sandwich** – Corn beef, sauerkraut, Swiss cheese, Russian dressing on marble rye cooked on our panini press - 8.25

### PASTAS

**Short Rib Mac & Cheese** – Corkscrew pasta tossed with slow cooked short ribs tossed in a cheesy Alfredo sauce and topped with buttered crumbs and parmesan cheese - 11.95

**Baked Ziti** - Ziti tossed w/ ricotta, mozzarella, marinara & seasonings baked, served w/ Italian meatballs & sweet Italian sausages & garlic bread - 9.75

**Chop Suey** - Ground beef, peppers, onions, diced tomatoes with elbow macaroni and our homemade marinara sauce - 9.25

**Baked Shrimp Scampi** – Sautéed shrimp, diced plum tomatoes and scallions tossed in wine garlic butter sauce and topped with mozzarella cheese. Served over angel hair pasta, garnished with garlic bread – 11.50

### CALZONES

**Short Rib & Cheese Calzone**– Shredded beef short ribs and mozzarella cheese baked in calzone crust - \$8.25

**Italian Meat Calzone** - Hot ham, Provolone, mortadella, salami, seasonings baked in a calzone crust - \$7.25

**Buffalo Chicken Calzone** - Buffalo chicken, tomatoes, hot sauce, blue cheese and Monterey Jack baked in calzone crust - \$8.25

**Meatball Parmesan Calzone** – Italian style meatballs, mozzarella cheese, parmesan cheese and homemade marinara sauce - \$7.75

## HEALTHY KITCHEN SPECIALS

Starting 2/1/18 – present

**Quinoa Burger** – Quinoa, portabello, kale and smoked mozzarella burger topped with guacamole, corn black bean relish, lettuce, tomato & a lime cilantro sauce on a toasted bun - 7.99

**Poke Bowl** – Your choice of chilled sushi grade tuna OR seared tofu tossed in ‘SoWabi marinade’ (a soy based, rice vinegar wasabi marinade) over Asian rice topped with sesame seeds, seaweed salad, cucumber, shredded carrots, edamame, avocado and scallions - 10.50

## CREATION SPECIALS

Starting 2/1/18 – present

**Double Cheeseburger Pizza** – Hamburg, pickles, onions on a ketchup base with American and cheddar cheeses

10 “ Individual \$8-

16” Xtra Large \$13-

**Miso Peanut Ramen Salad** – Asian chilled lo mein noodles tossed with edamame, red pepper, pickled carrots, mushrooms, scallion, roasted peanuts, honey miso dressing, served over romaine (not possible to have dressing on the side) - 8.99

**Mediterranean Plate** – Our harvest blend of brown rice, farro and quinoa topped with marinated cucumbers, Kalamata olives, roasted red peppers, marinated plum tomatoes, house made tzatziki, “Rita’s hummus”, feta cheese with a side of pita bread - 9.25