

Fish'n Chicken Specials - Mon, 3/16/17 thru Present

ALTHOUGH WE ARE NOT A 100% GLUTEN-FREE KITCHEN, THE ITEMS WITH A "GF" SYMBOL ARE MADE WITH GLUTEN FREE INGREDIENTS...ALSO CERTAIN SIDE DISHES ARE GLUTEN FREE

Starting 3/16/17 - present**Salads:****'GF'**

Cobb Salad – Grilled chicken breast, julienned vegetables, bacon bits, hard boiled eggs, steamed broccoli, baby corn, avocado, Monterey jack & yellow cheddar cheese over a bed of iceberg lettuce w/ a side of ranch dressing. 9.79

Waldorf Shrimp Salad - Grilled shrimp, sliced green apples, red & green grapes, toasted walnuts, red onions, crumbled blue cheese over a bed of crispy romaine lettuce w/ a side of zesty orange dressing 10.25

Oriental Chicken Salad - Grilled sesame chicken, fried wontons, rice sticks, snow peas, mandarin oranges, scallions, slivered almonds on a bed of romaine lettuce w/ honey ginger dressing. 9.50

Greek Salad w/ Grilled Chicken - Grilled chicken over romaine lettuce, Kalamata olives, pepperoncinis, red onions, diced tomatoes, feta cheese with Greek dressing. 9.50

Sandwiches:

Italian Chicken Melt – Grilled chicken breast, Genoa salami, hot cappicola, provolone cheese & spicy ground mustard on a toasted scali roll. 7.99

Cranberry Walnut Chicken Wrap – All white chicken breast, dried cranberries, toasted walnuts, scallions and mayo, iceberg lettuce & diced tomatoes on a white wrap. 6.99

Entrees:*Entrees below served with any 2 sides*

Cuban Pork – Roasted pork loin marinated with lemon & lime juice, cumin, jalapeno peppers, cilantro, garlic, vinegar & hot sauce, served with a side of pineapple mango salsa. 10.25

Pot Roast – A tender beef round roasted in natural juices and served with pan gravy. 9.75

BBQ Turkey Tips – Grilled turkey tips with peppers, onions and BBQ sauce. 10.50

'GF'

Cajun Scrod: Scrod filet breaded with Cajun seasonings & broiled. 9.95

Sesame Grilled Chicken - Basted in sesame sauce & sesame seeds, topped w/grilled pineapple. 9.75

Honey Sriracha Chicken – Grilled chicken marinated in a honey sriracha sauce topped with sesame seeds and scallions. 9.75

Haddock a la Greque – Broiled haddock topped with a mix of diced tomatoes, scallions, fresh mint, oregano, feta cheese and extra virgin oil. 9.95

Bourbon Beef Tips – Marinated tender beef tips grilled with peppers and onions in a bourbon glaze. 11.50

Miso Salmon – Broiled salmon topped with snow peas and carrot ginger miso sauce. 10.50

Lemon Pepper Swordfish – Broiled swordfish, seasoned with lemon pepper and topped with our zesty orange glaze. 10.50

KIDS MEAL.....BAKED CHICKEN TENDERS w/ 1 side dish - ONLY \$4.99

PASTA & PIZZA CAFFE SPECIALS
Starting 3/16/17 – present

Sandwiches:

- Turkey Club Melt** – Turkey, bacon, lettuce, tomato, American cheese & mayo on toasted white bread 7.75
- Reuben Sandwich** – Thin sliced corned beef with Swiss cheese, sauerkraut and Russian dressing on thick cut marble rye cooked on our Panini press. 7.50

Pastas:

- Baked Tortellini** – Grilled chicken tenderloins tossed with tricolor tortellini, diced plum tomatoes, alfredo sauce and a touch of olive oil. 9.95
- Baked Shrimp Scampi** – Sautéed shrimp, diced plum tomatoes and scallions tossed in wine garlic butter sauce and topped with mozzarella cheese, served over angel hair pasta, garnished with garlic bread. 11.50
- Baked Ziti** - Ziti tossed with ricotta, mozzarella, marinara and seasonings baked & served w/ Italian meatballs and sweet Italian sausages garnished w/ garlic bread. 9.50
- Chop Suey** - Ground beef, peppers, onions, diced tomatoes with elbow macaroni and our homemade marinara sauce. 8.99

HEALTHY KITCHEN SPECIALS
Starting 3/16/17 – present

- Korean Spicy Beef Bowl** – Grilled tender beef tips in a sweet & spicy Korean sauce over wok cooked peppers, water chestnuts, carrots, broccoli & Jicama served over aromatic jasmine rice, garnished with scallions. 11.25

ALSO CHECK OUT OUR KIDS MEALS.....

- SMALL CHEESE PIZZA \$5.25**
SMALL BOLOGNA & CHEESE \$3.75
PASTA & SAUCE w/ Meatball \$4.75
PASTA & BUTTER & CHEESE \$4.75